

Saint Malo Walking Map

Salt & Sea Walking Guides

Distance: 9.5 km (5.9 miles)

Time: 2-3 hours



- 1. Saint-Malo Train Station:** Arrive in Saint-Malo by train.
- 2. Sillon Beach:** A beautiful beach stretching along the seafront.
- 3. Saint-Vincent Cathedral:** Take a moment to pause and reflect.
- 4. Saint-Malo Ramparts:** Walk the walls of the Intra-Muros.
- 5. Bas Sablons Beach & Marina:** A quieter neighbourhood.
- 6. Cité d'Alet Headland:** Glimpse into WWII history.
- 7. Solidor Tower:** A historic tower with views across the estuary.

[Open the Google Map to navigate while walking.](#)

Follow this walking route to explore Saint-Malo's ramparts, historic streets and the quieter neighbourhood of Saint-Servan.

Must-See Places

- Sillon Beach
- Fort National
- The Ramparts of Saint-Malo
- Saint-Vincent Cathedral
- Bon-Secours Tidal Pool
- Bas Sablons Beach
- Memorial 39-45
- Solidor Tower



Restaurants

- Le Sillon
- Le Tourne Pierre
- Café Fruithé
- Les Mèlèzes
- Le Barapizza



Bars

- La Belle Epoque
- Les Filles d'Aleth
- Le Cancalais
- La Caravelle



Cafés

- Miggy's Coffee
- Cavoua Coffee
- Mignon Café
- Grain de Délice



Practical Tips

- **Getting There:** Saint-Malo is easily reached by train from Rennes or Paris.
- **Tides:** The tidal range here can exceed 14 metres, the largest in Europe.
- **Best Time to Visit:** Summer afternoons can be busy. May and October are quieter.
- **Walk the Ramparts:** It takes ~30 minutes and offers the best views across the city and coastline.
- **Market Days:** Tuesday and Friday in Intra-Muros and Saint-Servan. Monday, Thursday and Saturday in Rocabey.